

**37100 FOR IMMEDIATE RELEASE**

## **Make It Right**

*Dr. Birgitta Gregory offers an effective approach to getting your relationships right*

Van Nuys, CA – (Release Date TBD) – Wouldn't it be nice if you were given a map that showed you the way to successful relationships? Luckily, life coach and author Dr. Birgitta Gregory has prepared a guide that leads to winning relationships. *Get Your Relationships Right: Inside and Out* is truly a timely and insightful book that offers a fresh practical approach.

Dr. Birgitta Gregory provides an innovative book about the hidden dynamics of relationships and communication. If you want to learn how to deal with uncomfortable and difficult situations, this is a must-read for you. Feel empowered even when you are in a challenging position or handling tough circumstances. With a unique and thorough analysis – complemented by an excellent organization of the material – this book will stimulate you in ways that will promote life changes. Take control of your life and you will learn how to gear effectively your relationships to the right direction.

Whether you are happy with your relationships now or you are still working on them, Dr. Birgitta Gregory's new book will help you *Get Your Relationships Right: Inside and Out*. Order a copy now through Xlibris.com.

### **About the Author**

Dr. Birgitta Gregory brings a unique style of passion to her work. She has turned what used to be a language barrier into a great resource—integrating two languages, different cultures, life, school, family, and work experiences into a successful American immigration experience. Dr. Gregory is an executive life coach whose learning process is stimulating and challenging, whether she is working with individuals, couples, or organizations. Dr. Gregory is also a college instructor in Los Angeles, where she teaches a number of classes: Effective Communication, Narcissism, and Parenting/Step Parenting. She accesses her curiosity and “role models” what she teaches, making communication seem so easy when it is indeed so difficult.

### **Get Your Relationships Right \* by Birgitta Gregory, Ph.D.**

*Inside and Out*

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